

St. Elizabeth Roman Catholic Church

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FR. DARYOLD WINKLER, PASTOR



"The shepherds went with haste to Bethlehem and found Mary and Joseph, and the child lying in a manger."

Luke 2:16



Mass for the Intentions for the Week

Tuesday, January 3: The Most Holy Name of Jesus

9:00 a.m., Soul of Frances Mancuso
by Marlene & Paul Pignat

Wednesday January 4: Weekday

9:00 a.m., Blessings on Sisters
for Christian Community by Sr. Alice Johnson

Thursday, January 5: Weekday

9:00 a.m., Blessings on Sr. Ethel Rakai &
Sr. Olga Rakai by Gladys & Glennys

Friday, January 6: Weekday

9:00 a.m., Soul of Lee Pallo by Gladys Cyr

Saturday, January 7 : Vigil Mass

4:30 p.m., Souls of Ron Lyons & Brian Powell
by Michael & Ada Kolesar

Sunday, January 8: Epiphany of the Lord

9:00 a.m., Soul of Margaret Saull by Frank Rogers
For All Parishioners
10:30 a.m., Soul of Charlotte Mukabutera
by the Pignat Family

Ministers of the Liturgy

Jan. 7 4:30 p.m.

Commentator Gail Donaldson

Lector Mike Redmond

Ciborium Chris Graham

Jan. 8 9:00 a.m.

Commentator David Darwin

Lector Sheila Fleury

Ciborium Cecilia Bowie

Jan. 8 10:30 a.m.

Commentator Charlene O'Reilly

Lector Susan Taylor

Ciborium Bruce Riopelle

St. Elizabeth Parish Altar Servers



4:30 p.m. Victor Dell'acqua,
Caterina Dell'acqua, Micheline Lane

9:00 a.m. Lu Htoo

10:30 a.m. Joseph Uwayezu,
Rodrigue Uwumukiza, Imena Ame,
Omo Eke, Jyuan Almario

Canadian Tire Money Count: \$ 97.38

Refugee Sponsorship Update:

The parish has decided to continue its support of the Salama family for their extraordinary expenses (health, dental, vision, etc.). The family is, at this time, able to provide for its essential needs. Thank-you for your support of this project throughout 2016.

Sick in Our Parish

We pray for all those who have died,
and all those who mourn them.

We pray for the sick of our Parish and for all those who care for them, especially for:

Tereza Adam, Elina Anker, Gerald Borutski,
Gerti Chapman, Tony Dean, Natalie D'Souza,
Jim Farrell, Elza Feher, Ildiko Fejes, Jodi Graham,
Raymond Joly Sr., Norina Lachance,
Rick Lachance, Ted Lachance, Marlyn McAndrew,
Andrée McKenzie, Jean-Marie Meilleur,
Stella Normoyle, Margaret O'Doherty,
Angel O'Reilly, Greg Patacairk, Myra Anne Powell,
Leo Rathier, Emily Rozsa, Pat Redmond,
Terrell Shisheesh, David Simpson, Diane Sullivan,
Lamomba Tito, Dylan White,
Susan White, Sylvia Zito

New Year Resolutions ~ The Pope Francis List



1. Don't gossip.
2. Finish your meals.
3. Make time for others.
4. Choose the 'more humble' purchase.
5. Meet the poor 'in the flesh.'
6. Stop judging others.
7. Befriend those who disagree.
8. Make commitments, such as marriage.
9. Make it a habit to 'ask the Lord.'
10. Be happy. (The Joy of the Gospel).



In Our Parish



Message from the Pastor on the Solemnity of Mary, Mother of God, January 1, 2017

On the first day of the year, we celebrate the Solemnity of Mary, Mother of God and Queen of Peace. This year, we also celebrate the 50th anniversary of the establishment of the World Day of Peace that began with Blessed Paul VI. Each year since 1967, the popes have marked the new year's first day with a message for peace. This year, Pope Francis has asked Christians and all people of the world to reflect on the power of non-violence. I would like to encourage all the parishioners of St. Elizabeth to read his insightful message, "Nonviolence: a Style of Politics for Peace."

As Pope Francis writes, quoting Jesus in Mark 7:21, peace is first found in the human heart. I want to share with parishioners what I have learned about peace in the human heart from the wisdom of the First Peoples of Canada which also accords with the Biblical teachings.

True peace in the human heart, or *bimaadiziwin*, as the Anishinaabe (Ojibway) people call it, comes from living a life in balance -- or as we might say today, seeking a life of *integration*. It is seldom achieved perfectly. We will strive our whole lives seeking a balance that leads to peace in our hearts.

1. The struggle to live a *physically healthy lifestyle*. Taking care of our bodies -- being active, eating healthily, sleeping and relaxing well -- these are all challenges in our modern society. St. Paul, too, writing to the Corinthians, tells us that we ought to glorify God in our bodies, which are temples of the Spirit (1 Corinthians 6:19).

2. Attention to our *minds*. Let us always be learning, reading, studying, reflecting, being creative -- exercising our minds so that we can be aware of the world around us and attentive to its beauty. As the psalmist says, "Teach me good judgement and knowledge" (Psalm 119:66).

3. Being alert to the *emotions of our heart*. Our experiences of joy and love as well as anger and anxiety teach us important lessons about ourselves and give us important directions about where we need to grow and where we deserve affirmation. "Keep your heart with all vigilance, for from it flow the springs of life" (Proverbs 4:23).

4. Developing a life in the *Spirit*, a life of prayer. For the First Nations peoples, ceremonies expressing gratitude and enhancing spiritual growth were essential to an integrated, healthy and peaceful lifestyle. "The spirit is life and peace" (St Paul's Letter to the Romans 8:6). How can we develop our spirituality?

A life of balance or integration includes attention to body, mind, heart and spirit -- "the medicine wheel teachings." The discipline that includes these four aspects of the human person achieves inner peace and a means to non-violence. However, neglect in one of these aspects affects all others -- leading to imbalance and non-integration. Achieving balance and integration is a life-life long endeavor. May we never be grow weary of seeking balance!

In a world experiencing the bloodiest of wars, massive environmental devastation, heinous disrespect of human life, hideous oppressions of the Other and so many other horrid activities against human flourishing and global peace, may we all seek the intercession of the Queen of Peace for integration and wholeness. May She intercede for our personal peace which radiates outwards to our neighbour, community, nation and world! Mary, Queen of Peace, pray for us!

Fr. Daryold Winkler,
Overwhelmingly Grateful Pastor
of St. Elizabeth Parish



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